



# MEDI-SPA INFORMED CONSENT – BOTOX® COSMETIC INJECTION

**POLO**

HEALTH + LONGEVITY  
CENTRE

## INSTRUCTIONS

This is an informed-consent document which has been prepared to help your doctor inform you concerning BOTOX® Cosmetic (*Botulina* Toxin Type A, Allergan) injection, its risks, and alternative treatments.

It is important that you read this information carefully and completely. Please initial each page, indicating that you have read the page and sign the consent for this procedure as proposed by your doctor and agreed upon by you.

## GENERAL INFORMATION

*Clostridia botulina* bacteria produce a class of chemical compounds known as “toxins.” The Botulina Type A Toxin (BOTOX) is processed and purified to produce a sterile product suitable for specific therapeutic uses. Once the diluted toxin is injected, it produces a temporary paralysis (chemodenervation) of muscle by preventing transmission of nerve impulses to muscle. The duration of muscle paralysis generally lasts for approximately three to four months.

BOTOX has been approved to treat certain conditions involving crossed eyes (strabismus), eyelid spasm (blepharospasm), cervical dystonia (spastic muscle disorder with the neck) and motor disorders of the facial nerve (VII cranial nerve). As of April 2002, it has been FDA-approved for the cosmetic treatment of forehead wrinkles caused by specific muscle groups. Other areas of the face and body such as crows feet wrinkles and neck bands may be treated in an “off-label” fashion. BOTOX has also been used to treat migraine headaches, colorectal disorders, excessive perspiration disorders of the armpit and hands, and musculoskeletal pain disorders.

BOTOX injections are customized for every patient, depending on his or her particular needs. These can be performed in areas involving the eyelid region, forehead, and neck. BOTOX cannot stop the process of aging. It can however, temporarily diminish the look of wrinkles caused by muscle groups. BOTOX injections may be performed as a singular procedure or as an adjunct to a surgical procedure.

## RISKS of BOTOX (Botulina Type A Toxin) Injections

Every procedure involves a certain amount of risk and it is important that you understand these risks and the possible complications associated with them. In addition, every procedure has limitations. An individual’s choice to undergo a surgical procedure is based on the comparison of the risk to potential benefit. Although the majority of patients do not experience these complications, you should discuss each of them with your doctor to make sure you understand risks, potential complications, limitations, and consequences of BOTOX injections. Additional information concerning BOTOX may be obtained from the package-insert sheets supplied by Allergan.

**Bleeding and Bruising-** It is possible, though unusual, to have a bleeding episode from a BOTOX injection. Bruising in soft tissues may occur. Aspirin, anti-inflammatory medications, platelet inhibitors, anticoagulants, Vitamin E, ginkgo biloba, and other “herbs / homeopathic remedies” may contribute to a greater risk of a bleeding problem. Do not take these for ten days before or after BOTOX injections.

**Damage to Deeper Structures-** Deeper structures such as nerves, blood vessels, and the eyeball may be damaged during the course of injection. Injury to deeper structures may be temporary or permanent.

**Corneal Exposure Problems-** Some patients experience difficulties closing their eyelids after BOTOX injections and problems may occur in the cornea due to dryness. Should this rare complication occur, additional treatments, protective eye drops, contact lenses, or surgery may be necessary.

**Dry Eye Problems-** Individuals who normally have dry eyes may be advised to use special caution in considering BOTOX injections around the eyelid region.

**Migration of BOTOX-** BOTOX may migrate from its original injection site to other areas and produce temporary paralysis of other muscle groups or other unintended effects.

**Drooping Eyelid (Ptosis)-** Muscles that raise the eyelid may be affected by BOTOX, should this material migrate downward from other injection areas.

**Double-Vision-** Double-vision may be produced if the BOTOX material migrates into the region of muscles that control movements of the eyeball.

**Eyelid Ectropion-** Abnormal looseness of the lower eyelid can occur following BOTOX injection.

**Other Eye Disorders-** Functional and irritative disorders of eye structures may rarely occur following BOTOX injections. Blindness- Blindness is extremely rare after BOTOX injections. However, it can be caused by internal bleeding around the eyeball or needle stick injury. In a period of 10 years of BOTOX administration, complications of blurred vision, retinal vein occlusion, and glaucoma have been reported in three patients. The occurrence of eye problems appears to be very rare.

**Asymmetry-** The human face and eyelid region is normally asymmetrical with respect to structural anatomy and function. There can be a variation from one side to the other in terms of the response to BOTOX injection.

**Pain-** Discomfort associated with BOTOX injections is usually short duration.

**Allergic Reactions-** As with all biologic products, allergic and systemic anaphylactic reactions may occur. Allergic reactions may require additional treatment.

**Antibodies to BOTOX-** Presence of antibodies to BOTOX may reduce the effectiveness of this material in subsequent injections. The health significance of antibodies to BOTOX is unknown.

**Infection-** Infection is extremely rare after BOTOX injection. Should an infection occur, additional treatment including antibiotics may be necessary.

**Skin Disorders-** Skin rash, itching, and swelling may rarely occur following BOTOX injection.

**Neuromuscular Disorders-** Patients with peripheral motor neuropathic disorders (amyotrophic lateral sclerosis, myasthenia gravis, motor neuropathies) may be at greater risk of clinically significant side effects from BOTOX.

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Patient Initials

How would you like to pay: Cash: \_\_\_\_\_ | Credit Card: \_\_\_\_\_ | Name on Credit Card: \_\_\_\_\_  
Credit Card#: \_\_\_\_\_ Expiry date \_\_\_\_\_  
Security Code on the back: \_\_\_\_\_

**Unsatisfactory Result-** There is the possibility of a poor or inadequate response from BOTOX injection. Additional BOTOX injections may be necessary.

**Long-Term Effects-** Subsequent alterations in face and eyelid appearance may occur as the result of aging, weight loss, weight gain, sun exposure, pregnancy, menopause, or other circumstances not related to BOTOX injections. BOTOX injection does not arrest the aging process or produce permanent tightening of the eyelid region.

**Pregnancy and Nursing Mothers-** Animal reproduction studies have not been performed to determine if BOTOX could produce fetal harm. It is not known if BOTOX can be excreted in human milk. It is not recommended that pregnant women or nursing mothers receive BOTOX treatments.

**Drug Interactions-** The effect of BOTOX may be potentiated by aminoglycoside antibiotics or other drugs known to interfere with neuromuscular transmission.

**Unknown Risks-** The long-term effect of BOTOX on tissue is unknown. The risk and consequences of accidental intravascular injection of BOTOX is unknown and not predictable. There is a possibility that additional risk factors may be discovered.

#### **AFTERCARE**

Specific aftercare instructions will be provided for you. It is important that these instructions are followed to avoid possible complications.

#### **HEALTH INSURANCE**

Most health insurance companies exclude coverage for cosmetic procedures and treatments or any complications that might occur from the same. Please carefully review your health insurance subscriber information pamphlet.

#### **ADDITIONAL TREATMENT NECESSARY**

There are many variable conditions in addition to risk and potential complications that may influence the long-term result of BOTOX injections. Even though risks and complications occur infrequently, the risks cited are the ones that are particularly associated with BOTOX injections. Other complications and risks can occur but are even more uncommon. Should complications occur, other treatments may be necessary. The practice of medicine is not an exact science. Although good results are expected, there is no guarantee or warranty expressed or implied, on the results that may be obtained.

#### **FINANCIAL RESPONSIBILITIES**

The cost of BOTOX injection may involve several charges. This includes the professional fee for the injections, follow-up visits to monitor the effectiveness of the treatment, and the cost of the BOTOX material itself. It is unlikely that BOTOX injections to treat cosmetic problems would be covered by your health insurance. The fees charged for this procedure do not include any potential future costs for additional procedures that you elect to have or require in order to revise, optimize, or complete your outcome. Additional costs of medical treatment would be your responsibility should complications develop from BOTOX injections. In signing the consent for this procedure, you acknowledge that you have been informed about its risks and consequences and accept responsibility for the clinical decisions that were made along with the financial costs of all future treatments.

#### **DISCLAIMER**

Informed-consent documents are used to communicate information about the proposed surgical treatment of a disease or condition along with disclosure of risks and alternative forms of treatment(s). The informed-consent process attempts to define principles of risk disclosure that should generally meet the needs of most patients in most circumstances.

However, informed consent documents should not be considered all-inclusive in defining other methods of care and risks encountered. Your doctor may provide you with additional or different information which is based on all of the facts pertaining to your particular case and the current state of medical knowledge.

Informed-consent documents are not intended to define or serve as the standard of medical care. Standards of medical care are determined on the basis of all of the facts involved in an individual case and are subject to change as scientific knowledge and technology advance and as practice patterns evolve.

**It is important that you read the above information carefully and have all of your questions answered before signing the consent below.**

### **CONSENT FOR PROCEDURE OR TREATMENT**

1. I hereby authorize Dr. \_\_\_\_\_ and such assistants as may be selected to perform the following procedure or treatment:  
BOTOX INJECTION (list the anatomic areas where BOTOX will be injected i.e. frontalis and corrugator muscles)
2. I have received the following information sheet:  
INFORMED CONSENT - BOTOX INJECTION
3. I acknowledge that no guarantee or representation has been given by anyone as to the results that may be obtained.
4. I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. If a secondary procedure is necessary, further expenditure will be required.
5. IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:
  - a. THE ABOVE TREATMENT OR PROCEDURE TO BE UNDERTAKEN
  - b. THERE MAY BE ALTERNATIVE PROCEDURES OR METHODS OF TREATMENT
  - c. THERE ARE RISKS TO THE PROCEDURE OR TREATMENT PROPOSED

**I CONSENT TO THE TREATMENT OR PROCEDURE AND THE ABOVE LISTED ITEMS (1-5). I AM SATISFIED WITH THE EXPLANATION.**

Patient or Person Authorized to Sign for Patient \_\_\_\_\_

Date \_\_\_\_\_ Witness \_\_\_\_\_