

# Women | IN BUSINESS



*Dr. Andrea Gansner, ND*

Polo Health + Longevity Centre

Dr. Andrea Gansner is a compassionate and caring licensed naturopathic physician with a passion for helping her patients live healthier and more fulfilled lives.

She uses a wide variety of therapies to treat, support and uncover the root cause of patient health concerns. She believes in a holistic and individualized approach that takes into consideration all of the lifestyle factors that affect health and disease.

Andrea is part of an integrative team at Polo Health + Longevity Centre. This is New Westminster's first interdisciplinary medical clinic, which includes naturopathic doctors, medical doctors, in-house compounding pharmacy, clinical counselors, dietician and colon hydrotherapist, who work collaboratively to provide optimal care for all patients.

Andrea's deep commitment, connection and care for her patients are at the root of everything she does. "This approach allows me to build a strong patient rapport based

on understanding and trust," says Andrea, adding she is also a certified acupuncturist and a trained birth doula.

The focus of naturopathic care is centered on the individual, their current health, family history as well as lifestyle choices all of which informs the diagnosis and treatment plan offered by Andrea.

After receiving her undergraduate degree from the University of British Columbia with a major in psychology, she went on to acquire a four-year, post-graduate naturopathic medical program at the Boucher Institute of Naturopathic Medicine. In addition to her medical training, she has completed her pharmaceutical prescription license. "This allows me to treat my patients' medical concerns with both

conventional and naturopathic tools," she says.

To better help her patients, Andrea is certified to offer intravenous vitamin and mineral infusions to treat fatigue, weight loss, immune imbalances, and athletic recovery. "I am also trained in bio-identical hormone replacement therapy from the American Academy of Anti-Aging Medicine used in the treatment of hormonal imbalances, such as menopause."

## THREE TIPS FOR NEW ASPIRING WOMEN IN BUSINESS

### Tip #1

Never give up on your dream of making a positive difference in people's lives.

### Tip #2

Seek out a great and supportive team to work with. A healthy and happy workplace translates into a healthy and happy individual.

### Tip #3

Build a network of mentors, colleagues and friends that you can continue to learn and grow from. Challenge yourself to learn something new everyday.

604.544.7656

drgansner@polohealth.com

www.polohealth.com